

Quatrefolic® - the 5-methyltetrahydrofolate (5-MTHF) - is a blockbuster among nutraceutical ingredients for its powerful role in human health.

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Its advantages over common folic acid are well known and make it different from all other ingredients on the market. To be truly beneficial in fact, the effective intake of folate plays a significant role. Quatrefolic®, being the reduced and active form of folic acid, maximizes folate supplementation by offering a "finished" folate that the body can immediately use without any metabolism process.

This makes Quatrefolic® important at all stages of life!

Silvia Pisoni
Marketing Manager



Pills



The Active Folate as a valid support for WOMEN and MEN fertility

Folate metabolism disorder is detrimental to fertility in women and men.

Quatrefolic® demonstrates to be effective in fertility, also in women and men presenting MTHFR polymorphism, because it is the active folate form immediately bioavailable without metabolism.

A physiological dose of Quatrefolic® in fact bypasses the MTHFR polymorphism and is suggested to be an effective treatment for couple fertility problems.

Read the study published by Servy et al. >>



Quatrefolic® and Sport: the biologically active form of folate for active people!

We are aware that folate plays an important role in human growth and development, and people need to maintain an adequate intake of folate during all stages of life: pregnancy, lactation, infertility, mood, aging.

What perhaps few people know is that folate is very useful also for active people who practice sports, as it has a direct role in the synthesis of new cells and in the building and repairing of body tissues, including those injured due to physical activity.

What benefits can folate bring to active people in practice?

Energy production, control of inflammation, cellular repair & detoxification and immune system support: these are just some of the many benefits that athletes can have with a good source of folate such as Quatrefolic®.

Nevertheless, according to a recent study, athletes often do not assume the Recommended Daily Allowance (RDA) of folate, with potential nutritional impairment. Learn more, ask for a copy of last issue of "News From Science", which is totally focused on Quatrefolic® and Sport.



FOLATE AND SPORT



**FOLATE AND SPORT:
ACTIVE LIFESTYLE
ENERGY METABOLISM
AND CELL REGENERATION**

