

Gnosis by Lesaffre is focusing on the many opportunities offered by Quatrefolic® and wishes to spread its features around the world.

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This explains the issuing of newly updated documents and our participating to many events where Quatrefolic® is protagonist.

The many research studies around folate and its multiple benefits, in fact, demonstrate the deep interest of scientific world in learning more and finding new application fields.

Read this issue of *Quatrefolic® Online* and stay updated!

Silvia Pisoni  
Marketing Manager



## Pills



### Recent update about Active Folate, Homocysteine and Mobility in Older Adults

Very recent prospective data suggest that homocysteine is a potentially modifiable risk factor for mobility decline and its lowering may be a possible target for intervention to prevent mobility decline in older adults.

Quatrefolic® is the active folate that may help to decrease high homocysteine levels, found to be related to lower muscle strength in older adults especially women. [Read more >>](#)



## "Science UP" about Quatrefolic®: ACTIVE FOLATE and the ELDERLY

The aging process may affect the proper nutritional status in the elderly.

In particular, folate deficiency is high among individuals aged 65 and may reach approximately 30% of aging population.

**The lack of this vitamin is mainly due to the reduced dietary intake, intestinal malabsorption and impairment of metabolism. The body in fact is able to store folate to a limited extent, as humans cannot synthesize folate, also due to its water-soluble nature.**

This edition of science UP has been issued to reinforce the need to pay attention to the critical age group of the elderly, who can benefit significantly

from the intake of folates like **Quatrefolic® - the innovActive folate**, that can be immediately used by the body without any kind of metabolism.

Learn more, [ask for a copy of science UP "Active Folate and the Elderly: challenges and opportunities"](#).



# Speeches around the world about Quatrefolic®

Driven by the desire to make Quatrefolic® known around the world and by the great interest of customers in the product, Gnosis by Lesaffre's is pleased to participate in numerous seminars and speeches around the world.

We mention the recent **webinar** in Mumbai (India), where we had the

opportunity to highlight the benefits of Quatrefolic® as a support for a healthy pregnancy and a correct homocysteine metabolism, while next speech is planned during **AOFOG 2019** in Manila (Philippines).

[Read more about last webinar in India ::](#)

Webinar

## Next events:

 CPhI worldwide®

Frankfurt, Germany  
November 5<sup>th</sup> - 7<sup>th</sup>, 2019  
**Booth #40F50**

 CPhI india

Delhi NCR, India  
November 26<sup>th</sup> - 28<sup>th</sup>, 2019  
**Booth #4G23**



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**Gnosis**  
by Lesaffre

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